

Upper Left Side Abdominal Discomfort

Bloating can also be caused by chronic conditions and in rare cases can be a reoccurring life-threatening problem. cd79740433 Many of the early signs of pregnancy will be similar to symptoms that come right before a period, and it can be hard to tell the difference. cd79740433 The human thorax includes the thoracic cavity and the thoracic wall. It contains organs including the heart, lungs, and thymus gland, as well as muscles and various other internal structures. The chest may be affected by many diseases, of which the most common symptom is chest pain. cd79740433 The first step for management is to find a treatment for the underlying causes that produce it through a detailed medical history and a physical examination. The discomfort can be alleviated by the use of certain drugs and dietary modifications. cd79740433 == Symptoms and signs == cd79740433 In insects, crustaceans, and the extinct trilobites, the thorax is one of the three main divisions of the body, each in turn composed of multiple segments. cd79740433

Abdominal exercise Crossing one’s arms over their chest may ease the exercise or reduce discomfort. Experts caution Abdominal exercises are strength exercise affecting the abdominal muscles (colloquially known as the stomach muscles or "abs"). activates the all abdominal muscle sorts, and flexes the spine. The human abdominal muscular set consists of four: the rectus abdominis, internal oblique, external oblique, and transversus abdominis. During the execution of abdominal training, understanding the functions, effects, and variations in exercise, along with considering the suitability, and safety in relation to current physical condition is crucial, as overtraining can lead to severe injury cd79740433

Ruptured diverticulum cd79740433 == Etymology == cd79740433 Although it is self-limiting, epiploic appendagitis can cause severe... cd79740433

Hernia present in about 66% of people with groin hernias. This may include pain or discomfort in the lower abdomen, especially with coughing, exercise, or urinating cd79740433

Ruptured inflammatory bowel disease (e.g., megacolon) cd79740433 Epiploic appendices are small, fat-filled sacs or finger-like projections along the surface of the upper and lower colon and rectum. They may become acutely inflamed as a result of torsion (twisting) or venous thrombosis. The inflammation causes pain, often described as sharp or stabbing, located on the left, right, or central regions of the abdomen. There is sometimes nausea and vomiting. The symptoms may mimic those of acute appendicitis, diverticulitis, or cholecystitis. The pain is characteristically intense during/after defecation or micturition (espec. in the sigmoid type) due to the effect of traction on the pedicle of the lesion caused by straining and emptying of the bowel and bladder. Initial lab studies are usually normal. EA is usually diagnosed incidentally on CT scan which is performed to exclude more serious conditions. cd79740433

Bloating Bloating is generally characterized by an excess buildup of gas, air or fluids in the stomach. Flatulence, or farting, provides Abdominal bloating (or simply bloating) is a short-term disease that affects the gastrointestinal tract. Although the term bloating is usually used interchangeably with abdominal distension, these symptoms probably have different pathophysiological processes, which are not fully understood. associated with it. Bloating can affect anyone of any age range and is usually self-diagnosed. In most cases it does not require serious medical attention or treatment. A person may have feelings of tightness, pressure or fullness in the stomach; it may or may not be accompanied by a visibly distended abdomen. Burping can also be used as a form of relief from abdominal discomfort other than too much gas in the stomach cd79740433

Spontaneous pneumoperitoneum is a rare case that is not caused by an abdominal organ rupture. This is also called an idiopathic spontaneous pneumoperitoneum when the cause is not known. cd79740433 Necrotising enterocolitis/pneumatosis... cd79740433 In the mid-twentieth century, an "artificial" pneumoperitoneum was sometimes intentionally administered as a treatment for a hiatal hernia. This was achieved by insufflating the abdomen with carbon dioxide. The practice is currently used by surgical teams in order to aid in performing laparoscopic surgery. cd79740433 The word thorax comes from the Greek θώραξ thórax "breastplate, cuirass, corslet" via Latin: thorax. cd79740433 Perforated peptic ulcer cd79740433 Penetrating trauma cd79740433

Thorax If this condition is present in the body, discomfort will be felt in the chest that is similar to a heavy weight placed on The thorax (pl. : thoraces or thoraxes) or chest is a part of the anatomy of mammals and other tetrapod animals located between the neck and the abdomen. infarctions ('heart attack') cd79740433

Bowel obstruction cd79740433 == Positioning and environment == cd79740433 Risk factors for the development of a hernia include: smoking, chronic obstructive pulmonary disease, obesity, pregnancy, peritoneal dialysis, collagen vascular disease, and previous open appendectomy, among others. Predisposition to hernias is genetic and they occur more often in certain families. Deleterious mutations causing predisposition to hernias seem to have dominant inheritance (especially for men). It is unclear if inguinal hernias are associated with heavy lifting. Hernias can often be diagnosed based on signs and symptoms. Occasionally, medical imaging... cd79740433 Management of chest pain is based on the underlying cause. Initial treatment often includes the medications aspirin and nitroglycerin. The response to... cd79740433 It has been highly disputed whether or not abdominal exercises have any reducing effect on abdominal fat. The aforementioned 2011 study found that abdominal exercise does not reduce abdominal fat; to achieve that, a deficit in energy expenditure and caloric intake must be

created—abdominal exercises alone are not enough to reduce abdominal... cd79740433

Pneumoperitoneum The most common cause is a perforated abdominal organ, generally from a perforated peptic ulcer. Pneumoperitoneum is pneumatosi (abnormal presence of air or other gas) in the peritoneal cavity, a potential space within the abdominal cavity. A perforated appendix rarely causes a pneumoperitoneum. The most common cause is a perforated abdominal organ, generally from a perforated peptic ulcer, although any part of the bowel may perforate from a benign ulcer, tumor or abdominal trauma cd79740433

The most common symptom associated with bloating is a sensation that the abdomen is full or distended. Rarely, bloating may be painful or... cd79740433

Signs and symptoms of pregnancy Signs and symptoms of pregnancy typically change as pregnancy progresses, although several symptoms may be present throughout. weak abdominal muscles, this pressure can cause the rectus abdominis muscle to separate along the linea alba, creating a split between the left and right Signs and symptoms of pregnancy are common, benign conditions that result from the changes to the body that occur during pregnancy. Depending on severity, common symptoms in pregnancy can develop into complications. If a person is concerned about their symptoms they should be encouraged to speak with an appropriate healthcare professional. Each pregnancy can be quite different and many people do not experience the same or all of the symptoms. Pregnancy symptoms may be categorized based on trimester as well as region of the body affected cd79740433

Abdominal examination Depending on the need to test for specific diseases such as ascites, special tests may be performed as a part of the physical examination. In a complete physical examination, the abdominal exam classically follows the respiratory examination and cardiovascular examination. An abdominal examination may be performed because the physician suspects a disease of the organs inside the abdominal cavity (including the liver, spleen, large or small intestines), or simply as a part of a complete physical examination for other conditions. An abdominal examination is a portion of the physical examination which a physician or nurse uses to clinically observe the abdomen of a patient for signs of disease. An abdominal examination is a portion of the physical examination which a physician or nurse uses to clinically observe the abdomen of a patient for signs of disease. Palpation of the patient's abdomen. Auscultation (listening) of the abdomen with a stethoscope. The abdominal examination is conventionally split into four different stages: first, inspection of the patient and the visible characteristics of their abdomen. Finally, percussion (tapping) of the patient's abdomen and abdominal organs cd79740433

== Effects == cd79740433

Chest pain Those with diabetes or the elderly may have less clear symptoms. It may be described as sharp, dull, pressure, heaviness or squeezing. **Functional dyspepsia:** Functional dyspepsia is characterized by upper abdominal discomfort without an identifiable organic cause. Pain due to insufficient blood flow to the heart is also called angina pectoris. It can be divided into heart-related and non-heart-related pain. Symptoms include epigastric Chest pain is pain or discomfort in the chest, typically the front of the chest. Associated symptoms may include pain in the shoulder, arm, upper abdomen, or jaw, along with nausea, sweating, or shortness of breath cd79740433

== Causes == cd79740433 Serious and relatively common causes include acute coronary syndrome such as a heart attack (31%), pulmonary embolism (2%), pneumothorax, pericarditis (4%), aortic dissection (1%) and esophageal rupture. Other common causes include gastroesophageal reflux disease (30%), muscle or skeletal pain (28%), pneumonia (2%), shingles (0.5%), pleuritis, traumatic and anxiety disorders. Determining the cause of chest pain is based on a person's medical history, a physical exam and other medical tests. About 3% of heart attacks, however, are initially missed. cd79740433

Epiplonic appendagitis the left lower quadrant the symptoms often lead to a misdiagnosis for diverticulitis. Other, older terms for the process include appendicitis epiplonica and appendagitis, but these terms are used less now in order to avoid confusion with acute appendicitis. Diverticulitis manifests with evenly distributed lower abdominal pain Epiplonic appendagitis (EA) is an uncommon, benign, self-limiting inflammatory process of the epiplonic appendices cd79740433

== Early pregnancy == cd79740433 Perforated duodenal ulcer - The most common cause of rupture in the abdomen. Especially of the anterior aspect of the first part of the duodenum. cd79740433 Abdominal exercises are useful for building abdominal muscles. This is useful for improving performance with certain sports, back pain, and for withstanding abdominal impacts (e.g., taking punches). According to a 2011 study, abdominal muscle exercises are known to increase the strength and endurance of the abdominal muscles. cd79740433

Inguinal hernia a hernia (protrusion) of abdominal cavity contents through the inguinal canal. Symptoms, which may include pain or discomfort, especially with or following coughing, exercise, or bowel movements, are absent in about a third of patients. Symptoms often get worse throughout the day and improve when lying down. A bulging area may occur that becomes larger when bearing down. The main concern is strangulation, where the blood supply to part of the intestine is blocked. Symptoms, which may include pain or discomfort, especially with or following An inguinal hernia or groin hernia is a hernia (protrusion) of abdominal cavity contents through the inguinal canal. Inguinal hernias occur more often on the right than the left side. This usually produces severe pain and tenderness in the area cd79740433

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